

Frequently Asked Questions

WHAT DOES BOEHRINGER INGELHEIM PAY FOR?

Boehringer Ingelheim will cover the cost for the following tests per horse:

During Spring Testing:

- One ACTH Baseline
- One ACTH Post TRH
- One Glucose
- One Insulin
- UPS shipping to the lab

During Fall Testing:

- One ACTH Baseline
- One Glucose
- One Insulin
- UPS shipping to the lab

During Recheck Testing:

- One ACTH Baseline
- One ACTH Post TRH
- One Glucose
- One Insulin
- UPS shipping to the lab

HOW MANY HORSES MAY BE ENROLLED FOR TESTING?

During each Spring and Fall IDPPID testing period, Boehringer Ingelheim will cover the cost to enroll and test up to two horses per veterinarian.

HOW MANY RECHECK TESTS DOES BOEHRINGER INGELHEIM COVER?

For horses diagnosed with PPID through the IDPPID program beginning with the Spring 2026 testing period, Boehringer Ingelheim will cover one Recheck test per eligible horse, provided the Recheck occurs within six months of initial diagnosis and the horse is currently treated with PRASCEND® (pergolide tablets).

IMPORTANT SAFETY INFORMATION: PRASCEND treatment may cause loss of appetite. Most cases are mild. Adverse reactions may occur if animals other than horses ingest PRASCEND tablets. Not for human use. Do not ingest the product. Refer to the package insert for complete product information.

SHOULD I FAST HORSES PRIOR TO HAVING BLOOD PULLED FOR RESTING INSULIN?

No. Leave horses on hay and/or pasture as per normal management practices.¹ Do not feed grain within 4 hours of pulling blood sample for resting insulin. See [Feeding Instructions Prior to Determination of Resting Insulin](#).

Frequently Asked Questions

WHY SHOULD I USE THE TRH STIMULATION TESTING?

The Equine Endocrinology Group (EEG) recommends the thyrotropin-releasing hormone (TRH) stimulation test for diagnosing horses that have subtle signs or early PPID, or horses with clinical signs of PPID and a normal resting adrenocorticotrophic hormone (ACTH) concentration.²

CAN I USE THE TRH STIMULATION TESTING ALL YEAR LONG?

At this time, reference intervals are only available to test horses using the TRH stimulation test from January through June. TRH testing from July through December is not recommended at this time.

WHERE CAN I PURCHASE TRH?

The chemical grade of TRH is not available to veterinarians. Compounded TRH is available. The only compounded TRH that has been compared to the chemical grade is manufactured by Wedgewood Pharmacy and Hagar Pharmacy.³

HOW DOES THE IDPPID TESTING PROGRAM WORK?

The IDPPID program provides complimentary testing for eligible horses when submitted by a licensed U.S. veterinarian. Once a veterinarian enrolls a horse through the online portal:

1. A Cornell submission form and a prepaid UPS shipping label will be generated and emailed to the submitter.
2. The submitter will ship the plasma sample to the Cornell University Animal Health Diagnostic Center along with the Cornell submission form.
3. Results are posted to the veterinarian's dashboard when available (typically 4–5 days).

The program runs twice yearly (Spring and Fall), and only samples submitted during active enrollment windows are eligible.

WHO CAN PARTICIPATE IN THE PROGRAM?

Only licensed U.S. veterinarians may enroll horses and submit samples.

Frequently Asked Questions

HOW DO I KNOW IF MY HORSE QUALIFIES FOR IDPPID TESTING?

Eligibility for testing is determined by the veterinarian submitting the sample. Only licensed U.S. veterinarians can enroll horses in the IDPPID program, and they will advise whether testing is appropriate, based on the horse's history, clinical signs and program guidelines.

To be eligible for enrollment, horses must meet the IDPPID program entrance criteria, including:

- Only new cases suspected of PPID (not previously diagnosed)
- Horses should exhibit one or more early or advanced clinical signs
- Horses currently being administered medical therapy for PPID are excluded, except horses being administered compounded pergolide

HOW MANY COMPLIMENTARY TESTS DOES EACH VETERINARIAN RECEIVE?

For the Spring and Fall testing periods, each veterinarian receives two complimentary PPID diagnostic tests, which may be used to enroll up to two eligible horses.

Promotion details, including the number of horses allowed and the dates, are subject to change, so please refer to the latest IDPPID communications, IDPPID website or your Boehringer Ingelheim representative for the most current information.

WHEN SHOULD TRH STIMULATION TESTING BE PERFORMED?

TRH stimulation testing should be performed January through June. A TRH testing guide is available here: [TRH Testing Instructions](#).

HOW DO I SHIP THE PLASMA SAMPLE?

The IDPPID portal provides a prepaid UPS shipping label for each enrollment:

- UPS is the designated carrier for the program. Boehringer Ingelheim will not cover shipping costs for samples sent via alternative carriers (e.g., FedEx).
- Ship samples as instructed on the Collection, Processing and Submission Instructions that accompany the enrollment.
- If UPS pickup is not available in your area, you may use a local UPS drop-off location or Access Point to send the sample.

Frequently Asked Questions

WHERE DO I FIND RESULTS?

Results are posted to the veterinarian's IDPPID dashboard. Cornell may issue an interim report first, followed by a final report once all components are complete.

WILL I BE BILLED BY CORNELL?

No. Boehringer Ingelheim is billed directly. If you received a bill from Cornell, please contact your Territory Manager or Boehringer Ingelheim customer care representative for immediate assistance.

CAN I RETEST A HORSE ALREADY ON PERGOLIDE?

Beginning with the Spring 2026 testing period, horses that are newly diagnosed during the 2026 Spring IDPPID program with PPID are eligible for the Recheck program. The horse should be rechecked within 6 months of initial diagnosis. The horse must be currently treated with PRASCEND® (pergolide tablets).

Recheck eligibility is limited to horses initially diagnosed during the 2026 Spring testing period and being treated with PRASCEND tablets.

IMPORTANT SAFETY INFORMATION: PRASCEND treatment may cause loss of appetite. Most cases are mild. Adverse reactions may occur if animals other than horses ingest PRASCEND tablets. Not for human use. Do not ingest the product. Refer to the package insert for complete product information.

CAN I RECHECK A HORSE THAT HAS BEEN DIAGNOSED WITH PPID POST-TREATMENT?

Yes, you can recheck a horse that has been diagnosed with PPID post-treatment if the horse was tested through the IDPPID program beginning in the Spring 2026 testing period, received a positive diagnosis within the past 6 months, and has undergone treatment with PRASCEND® (pergolide tablets).

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WHEN DOES THE PROGRAM RUN?

The IDPPID program for 2026 will be:

- Spring: April 7 – June 9, 2026, with final submissions to the Cornell endocrine lab due June 12, 2026.
- Fall: August 18 – October 13, 2026, with final submissions to the Cornell endocrine lab due October 16, 2026.

Testing dates are subject to change. Please contact your Boehringer Ingelheim representative for the most up-to-date information.

WHERE CAN I FIND THE PRASCEND® (PERGOLIDE TABLETS) LOT NUMBER ON THE BOX?

The lot number can be found on the outer PRASCEND tablets carton, printed on the side panel next to the expiration date (labeled “Lot No.”). See Figure 1.

Figure 1. PRASCEND carton showing lot number location



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WHO SHOULD I CONTACT FOR HELP IF I EXPERIENCE AN ERROR ON THE IDPPID WEBSITE?

For assistance with enrollment, program eligibility or website access:

Email: CustomerCare@Boehringer-Ingelheim.com

Phone: 888-637-4251

Hours: Monday – Friday, 8 AM to 5 PM EST

Customer Care can assist with account access problems, enrollment errors, missing forms or labels, and other technical issues related to the IDPPID website.

Still have questions? Contact your Territory Manager or Customer Care to assist.

¹ Recommendations for the diagnosis and management of equine metabolic syndrome (EMS) and insulin dysregulation. Equine Endocrinology Group. 2024.

² Equine Endocrinology Group Recommendations, 2013, 2015 and 2017.

³ Goodale L, Hermida P, Oench SD, Frank N. Assessment of compounded thyrotropin-releasing hormone for the diagnosis of pituitary pars intermedia dysfunction in horses. ACVIM Annual Forum, Seattle, Washington. *J Vet Intern Med* 2013;27(3):656.